



SERIE

**BEFORE THE
ESTABLISHING....
COMES THE**

SHAKING



Hoy un lugar para ti

BEFORE THE ESTABLISHING COMES THE SHAKING

“Then we will no longer be immature like children. We won’t be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.” Ephesians 4:14-15 (NLT)

INTRODUCTION: We are living in times of shaking. Economies, ideologies, values, and families are being shaken. But God’s shaking is not meant to destroy; it is meant to establish. God allows everything movable to be removed so that what is unshakable may remain. The question is not whether the shaking will come; the question is: **upon what are we building our house?** This series does not seek to impose rules, but to align our homes with God’s design to avoid consequences and unleash blessing.

I. THE SHAKING EXPOSES RELATIVISM AND ESTABLISHES TRUTH. *Read Hebrews 12:26-27 NLT*

1. **We live in times of moral confusion.** *Read Isaiah 5:20 NLT*
 2. **Relative truth generates:**
 - **Moral confusion:** People no longer distinguish between right and wrong and let themselves be carried away by what the world says.
 - **Identity crisis:** By disconnecting from God’s design, people do not believe they are created in the image of God. E.g., “therians.”
 - **Optional faith and values:** God becomes just another option, not the center.
 - **Spiritual weakness:** Convictions are negotiated to adapt to the culture: smoking, drinking, pornography, masturbation, illicit sex, etc.
 3. **Absolute truth (the Word of God) confronts, but sets free.** Truth can be uncomfortable because it confronts gray areas, but its purpose is not to condemn but to align and bring freedom. *Read Matthew 24:35 NKJV.*
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II. THE SHAKING BEGINS AT HOME. *Read Deuteronomy 6:5-7 NKJV*

1. **Spiritual responsibility belongs to the parents.** God established that faith should be taught and modeled at home. It is not only transmitted through words but through daily example.
 2. **Families are being shaken by:**
 - **Changes in moral values:** Destructive behaviors are normalized in the home (domestic violence, infidelity, dishonor to parents, illicit sex, etc. *Read 2 Timothy 3:1-2 NKJV*). God, His Word, and marriage are no longer considered sacred.
 - **Digital influence:** There are constant comparisons that affect identity and self-esteem, as these show “perfect” lives that are far from reality. There is early exposure to content that is not suitable for children, youth, or even adults.
 - **Cultural pressure:** There is a fear of being different for holding onto convictions.
 - **Emotional disconnection:** Lots of virtual connection, little real family connection.
 - **Lack of spiritual foundations:** Without prayer and the Word, the home loses direction (lack of connection with God).
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3. When God shakes:

- **He purifies the church:** He removes the superficial.
- **He awakens the lukewarm:** He takes us out of spiritual comfort.
- **He exposes the false:** What seemed firm demonstrates its fragility.
- **He raises a faithful remnant that is not influenced:** People determined to live in holiness.
- **He sanctifies families:** He restores the original design. Psalm 127:1 NKJV

III. GOD ALLOWS THE SHAKING TO REVEAL THE FOUNDATION. *Read Matthew 7:24-27 NLT*

- **The purpose of the shaking.** God allows the unstable to move to show what truly sustains our lives. The superficial falls, the eternal remains.
- **The problem is not the storm.** There are two houses, one built on the rock and another on the sand; the first remained standing and the other collapsed. *The difference was not the storm, because the storm was the same; the difference was the foundation.* Everyone faces cultural pressure, social media, and crises. The difference is not the intensity of the wind, but the depth of the foundation.
- **What must remain?** Christ as the center, His Word as truth, and His purpose as direction. If these three things are firm, the house resists any shaking.

IV. GOD SHAKES TO ESTABLISH THE UNSHAKABLE. *Read 1 John 1:5-6 NLT*

1. Christ is unshakable. Cultures change, but Christ remains the same. He is the firm Rock. *“For I am the Lord, I do not change.”* Malachi 3:6 NKJV

2. His Word is immutable. It does not depend on trends or generations. It is absolute truth, not relative.

3. His design is perfect. God’s model for the family does not need a cultural update; it needs obedience.

INTERACTIVE QUESTIONS

1. If God were to shake your house today, what would remain standing?
2. Are there gray areas you have allowed for the sake of convenience?
3. Are your children seeing a live faith or just hearing a spoken faith?
4. Is Christ truly the center of your decisions?

ACTION STEPS

1. **Check your foundation.** Honestly, evaluate what is sustaining your home: Culture or the Word.
2. **Eliminate the movable.** Identify practices, habits, or influences that weaken your house and make firm decisions.
3. **Establish the eternal.** Pray as a family, teach the Word, and reaffirm biblical convictions with love and firmness.

CONCLUSION: The world shakes to destabilize; God shakes to establish. The shaking is not the end of your house; it can be the beginning of a stronger foundation. Before the establishing comes the shaking... but after the shaking, the unshakable remains.

SALVATION PRAYER: *Lord Jesus, I recognize that I have sinned and that You died for me. Today I repent and ask for Your forgiveness. I give You my life and my heart so that You may be my personal Lord and Savior. Amen.*

MODERNITY VS HOLINESS

“Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.” Hebrews 12:14

INTRODUCTION: Living in holiness is not easy; it requires effort. Living in holiness is not the same as living in religiosity. We must understand that modernity means moving forward, but holiness means not losing yourself while you advance. Holiness is not religion; it is internal order. It is setting boundaries when no one is watching and keeping silent when the world is shouting. Modernity exposes you, but holiness protects you. Today we will go deeper into how to keep our foundations firm in a world that is trying to shake our faith and our family.

1. BEING HOLY IS OUR IDENTITY IN CHRIST

- Being holy is who we are in Christ. It begins the moment we accept Him into our hearts. He automatically rescues us and sets us apart for His purpose. It is not something we earn through initial works, but a legal Identity we receive by His grace. We are called to be His holy people from the moment we call on His name. **1 Corinthians 1:2**
- Being holy does not require effort—simply accepting Christ. However, living in holiness does not depend on God; it depends on you.

2. LIVING IN HOLINESS IS A DAILY DECISION

- Although we are “holy” by our position in Christ, living in holiness is the daily process of making conscious decisions to obey God. It involves separating ourselves from sin and reflecting Christ. Holiness does not form automatically when we accept Christ; it forms in how we live after we have been set apart by Him.
- **Holiness** is the way you choose to live every day. It is a decision, and it requires effort to live in holiness. It is necessary to prepare our minds for action and exercise self-control in the face of temptations and the pressures of social culture. Our behavior depends on our free will and our willingness to turn away from what harms us. **(Read 1 Peter 1:14–15)**

3. LIMITS PRODUCE TRUE FREEDOM

- Modernity tells us: “Be whatever you want to be,” “follow your desire,” “if it feels good, do it.” But in reality, a life without limits does not produce freedom—it produces slavery to drugs, alcohol, illicit sex, pornography, etc.
- Without limits in pleasure, you may end up dominated by addictions; without emotional limits, we end up in unstable relationships; without sexual limits, we reap deep wounds. Being holy means knowing who you are and to whom you belong.

Why is it important to live in holiness above the modernity of these times? Because even though we live in a time of great information, we also live in a time of great confusion. We see many fractured homes, permissive parents, domestic violence, etc. Therefore, the safest place is to stand on the truth of God’s Word. Holiness must be above everything. Holiness establishes the protective walls necessary for our soul to prosper and not be destroyed. **Example: In dating relationships, boundaries must be set.**

4. OUR BODY AS THE TEMPLE OF THE SPIRIT. (Read 1 Corinthians 6:12 and 6:19–20)

In an era where it is promoted that we can do whatever we want with our bodies, the Bible reminds us that we do not belong to ourselves. We were bought at the price of blood. Every decision about what we allow into our bodies—from substances to marks or behaviors—must pass through the filter of whether it honors God or simply responds to social pressure or passing trends. Have you prayed and asked the Holy Spirit whether you should get a tattoo?

5. WE ARE THE SALT THAT PRESERVES THE WORLD. (Read Matthew 5:13)

As children of God, we have the function of being “salt.” Salt preserves, gives flavor, and heals. If we live exactly like the world, we lose our essence and our ability to influence. In a world with such a deep identity crisis, we must be the salt of the earth and make a difference. Being different means having the substance necessary for others to see Christ through our lifestyle, values, and firmness.

INTERACTIVE QUESTIONS:

1. In what areas of my life have I allowed modernity to define my identity instead of the Word of God?
 2. When others look at my lifestyle, can they see that I am the “salt of the earth,” or have I become just like the rest of the world?
 3. What “walls” or boundaries do I need to rebuild in my home to protect my family from cultural confusion?
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ACTION STEPS:

- **Evaluate the foundation of your home.** This week identify one habit, practice, or influence that has entered your home and is weakening spiritual values and decide to correct or remove it.
 - **Filter decisions through the Word.** Before making an important decision—a relationship, a personal change, or a new practice—ask yourself in prayer: “Does this honor God and reflect His design?”
 - **Practice holiness in private.** Commit to living with integrity even when no one is watching, remembering that true holiness is formed in the secret place.
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CONCLUSION: Modernity will always try to redefine who we are, but our identity is not defined by culture—it is defined by Christ. God’s design does not need updating; it needs obedience. Living in holiness means remembering every day to whom we belong. Let us ask God to transform the way we think so that He can also transform the way we live.

SALVATION PRAYER: *Lord Jesus, I recognize that I have sinned and that You died for me. Today I repent and ask for Your forgiveness. I give You my life and my heart so that You may be my personal Lord and Savior. Amen.*

MODERNITY VS MARRIAGE

“Give honor to marriage, and remain faithful to one another in marriage. God will surely judge people who are immoral and those who commit adultery.” Hebrews 13:4 NLT

INTRODUCTION: The only way to avoid being dragged by what the world offers is to live with the fear of God, because the fear of the Lord is the foundation of wisdom (Proverbs 9:10). This fear helps us make the right decisions as spouses, parents, and children. The Bible establishes boundaries not to take away our freedom, but to protect us from pain and failure. When we honor God’s boundaries, we protect our marriage, our family, and our purpose.

1. THE ORIGINAL DESIGN: GOD DESIGNED MARRIAGE WITH FREEDOM, BUT WITH BOUNDARIES. *(Genesis 2:15-18)*

- God established marriage with full freedom, but under a clear warning: do not cross the limit. Functioning without boundaries is like driving on a highway without lanes; God’s design ensures we reach our destination without derailing *(1 Corinthians 10:23)*.
 - Biblical boundaries do not take away happiness; they protect it. They protect our relationship with God and our marriage. Marriage is sacred, and when there are no boundaries, our relationship with God weakens and the family is damaged.
 - Marriage was not born in culture; it was born in God. Therefore, culture does not have the authority to redefine it. Today it is being shaken by modernity, and the result is evident: divorce, violence, and broken families. That is why it is urgent to honor marriage as God established it *(Genesis 2:24)*.
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2. MODERNITY AND THE DISTORTION OF THE COVENANT

- Today’s culture tries to redefine marriage, turning it from a “sacred covenant” into a “temporary contract.” Marriage is a sacred covenant.
- Modernity teaches that faithfulness is negotiable and commitment is optional based on personal satisfaction. Marriage is a commitment with God *(Malachi 2:15)*.
- Modernity tells you that personal happiness comes before the covenant. We get married to make our spouse happy, not to be made happy.

3. MODERNITY SHAKES MARRIAGE THROUGH:

- **A secret life:** not only physical infidelity but also emotional—hidden digital relationships, intimate conversations, flirting on social media, multiple profiles, pornography, etc. All of this creates emotional distance, breaks trust, and contaminates the spiritual atmosphere of the home *(Luke 8:17)*. Sooner or later everything comes to light.
 - **Extreme individualism:** “Me first, me second, me last.” Decisions are made without consulting the spouse, and life is lived as if still single. This breaks unity and weakens the marital covenant.
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- **Lack of real communication (Amos 3:3):** Even though couples eat and sleep together—often each on their phone—there is deep disconnection. Frustrations are silenced, wounds accumulate, and resentment grows. Emotional needs are not expressed, but they are felt. Speak what needs to be spoken, but not from anger (*Ephesians 4:26-27*). Many times what modernity calls “irreconcilable differences” is actually a lack of care, communication, and transparency.
- **Affecting the children:** Children don’t just hear what we say; they breathe what we live. They perceive distance, coldness, and lack of affection between parents. They absorb everything like a sponge and eventually reflect what they saw at home. The question is: what atmosphere are our children breathing?

4. RESTORING HOLINESS AND THE FAMILY ALTAR

- **Through genuine repentance:** Recognize and confront in love what is wrong in your marriage; there can be no restoration without confrontation. Have crucial conversations (*Psalm 51:10*).
- **Bring what is hidden into the light (James 5:16):** It is urgent to expose accumulated wounds and resentment.
- **Restore the family altar:** Pray together as a couple and bless your children. This aligns the home with God’s purpose, strengthens unity, and allows the marriage to remain firm even in the midst of shaking.

INTERACTIVE QUESTIONS

1. Are there boundaries in your relationship (social media, friendships, alone time) that need to be reinforced to protect your intimacy?
2. When was the last time you had an honest conversation about frustrations or wounds without it ending in a fight?
3. How would you describe the atmosphere your children are breathing at home today?

ACTION STEPS

1. **Establish total transparency:** Eliminate secret passwords and hidden accounts, allowing your spouse access to digital devices. Transparency strengthens trust and protects marriage.
2. **Restore communication and reconciliation:** Decide not to let anger accumulate. Speak honestly and seek reconciliation before the day ends.
3. **Restore the family altar:** Set aside at least 10 minutes a day to pray together as a couple and bless your children, aligning your home with God’s purpose.

CONCLUSION: Marriage is God’s design and the spiritual center of the home. When we take care of it, we also protect our family and future generations. Today is the time to bring hidden things into the light, forgive, and place God back at the center of marriage. If we build our home on the foundation of God and His covenant, our marriage will withstand any shaking in this world.

SALVATION PRAYER: *Lord Jesus, I recognize that I have sinned and that You died for me. Today I repent and ask for Your forgiveness. I give You my life and my heart so that You may be my personal Lord and Savior. Amen.*

MARRIAGE vs NEXT GENERATION

“Then they will not be stubborn, rebellious, and unfaithful like their ancestors, who refused to give their hearts to God. Psalm 78:8 (NLT).” Hebrews 13:4 NLT

INTRODUCTION: As parents, we are concerned about the influence of the world on our children, but there is an uncomfortable truth that today God wants to confront us with: the most powerful influence on our children is not the world, but what they see at home. Marriage not only defines the happiness of the spouses, it also defines the model that the next generation will repeat. Our children are a reflection of us. Today, God wants to shake our homes so that our children are not a lost generation, but a generation firm in God, guided by His truth.

- 1. CHILDREN OBSERVE.** Our children’s learning begins through sight. They grow by observing how their parents talk to each other, how they resolve conflicts, how they show love, and above all, how they forgive. What they see becomes their life model. Children believe more in what they see than in what they hear; therefore, marriage becomes the first school they know. We cannot demand that they follow God if they do not see their parents walking in integrity. ***Read Proverbs 20:7 (NLT)***. We must guide our children in the right way and in the right manner; but no one can take others to a place they have never been. Therefore, we must first walk free from divorce, addictions, infidelity, strife, and conflict; walking in service and reverence to God so that our children can follow our steps.
- 2. CHILDREN ABSORB.** Our children are like spiritual sponges; they do not only hear words, but they also breathe atmospheres. Faith, values, and spiritual life must be taught within the home. God always intended the family to be the first place where the next generation learns to know Him—not school or work. Sadly, what we see in society shows the failure we have had as parents. ***(Read Deuteronomy 6:6–7 NLT)*** God was thinking about generations when He gave this instruction; He wants faith to be something they breathe daily. Let us commit ourselves to our children.
- 3. CHILDREN MULTIPLY.** What is not healed and corrected in a marriage is unfortunately multiplied in the next generation. Marriage not only defines our present; it defines the model our children will repeat. If there is violence, addictions, or infidelity, it tends to repeat. But if there is a model of holiness, that will also multiply. ***(Read Judges 2:10 NLT)***. God is known because someone speaks to us about Him, but also because someone models what He is like. When a home is aligned with God, it produces children who are firm, strong, and healthy. ***(Read Psalm 128:3 NLT)***
- 4. BREAKING PATTERNS TO EMPOWER THEM.** Our goal is to empower and teach our children to make wise decisions based on the Word and to break the chains of the past. There must be intentional spiritual formation in the home, and we must confront and correct specific areas so that they do not inherit them:
 - **Violence and abuse.** Yelling, violence, destructive words, etc., must be eliminated. ***(Read Ephesians 6:4 NLT)*** We must raise them God’s way, not the way we were raised.
 - **Addictions.** It is time to pray and break every generational curse that has bound our families for years (drugs, alcoholism, illicit sex, pornography, etc.). Remember: children observe, absorb, and multiply. What have your children seen in you as a parent?

- **Infidelity and sexual disorder.** Teach our children not to have irresponsible relationships or be promiscuous. Teach them that every sexual act outside of marriage is sexual immorality. **(Read 1 Corinthians 6:13 NLT)** Stop giving yourself small permissions, texting people you shouldn't—be an example.
 - **Laziness and irresponsibility.** Many young people today do not know how to do many things and do not want to learn basic skills. Often, the mistake lies with the parents. **(Read Proverbs 22:29 NIV)**
 - **A mindset of hatred or resentment.** Sometimes children inherit problems due to the poisoning of their parents. Cut off all resentment and unforgiveness. **(Read 2 Corinthians 5:17 NIV)**
5. **THE REALITY OF OUR RESPONSIBILITY.** The statistics are alarming: 66% of young people leave the church between ages 18 and 22, and only 31% return. Between 70% and 75% of those raised in Christian homes drift away in early adulthood. Why does this happen? Only 10% do so because they stopped believing in God; the majority leave due to the lack of real discipleship at home and because parents do not talk about their faith. 70% of parents almost never talk about God with their children.

Why does this happen? *Because of the lack of real discipleship at home, parents not talking about their faith with their children, a disconnect between church and daily life (you cannot be one thing at church and another at home), cultural influence, and social media.*

INTERACTIVE QUESTIONS

- Is the marriage your children see at home one you would want them to repeat?
- How often do you talk about your faith and the wonders of God with your children during daily activities?
- What practical changes can you make today so that your home becomes a place where the Word of God is “absorbed” and “multiplied”?

ACTION STEPS

1. **Model what you want to see in your children.** Before correcting them, examine your own example: how you speak, how you react, and how you live your faith at home.
2. **Create intentional moments with God as a family.** Pray with your children, talk about God in everyday life and make faith a daily experience, not just a Sunday routine.
3. **Break today what you do not want repeated tomorrow.** Identify a pattern (anger, indifference, lack of discipline, etc.) and take concrete action this week to change it.

CONCLUSION: If you want to see changes in your children, start by changing yourself as a parent. Break bad habits and generational curses and begin to be a good example for them. Your marriage is the design that the next generation will imitate. Decide today to place Christ at the center of your home, because a marriage shaped and surrendered to God can not only transform a home it can transform entire generations.

SALVATION PRAYER: *Lord Jesus, I recognize that I have sinned and that You died for me. Today I repent and ask for Your forgiveness. I give You my life and my heart so that You may be my personal Lord and Savior. Amen.*