

## THE FULLNESS OF THE HOLY SPIRIT

*“So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh... But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law” (Galatians 5:16-17;22-23 NIV).*

### Questions:

- Why do we have to be filled with the Spirit after being delivered?
- What benefits do we receive after we have been full of the Spirit?

### Objectives:

- Understand the importance and need of being filled with the Spirit.
- To allow the Spirit of God to occupy our lives and manifest His fruit.

*On one occasion a man in an auditorium asked how he could get all the air out of a cup. Someone answered him and said it could be done by, sucking the air out with an air pump. At this, he replied, that would create a void and destroy the glass. After receiving many suggestions, the man smiled and taking a pitcher of water, filled the glass drank from it and said, " Now there is no air in the glass". Then he said, "The only way to cast the sin out of my life is to be filled with the Holy Spirit.*

**Introduction:** In order to live a victorious life, to be constant in the way of God and to remain free, you need be filled with the Holy Spirit. The Bible says that "where the Spirit of God is there is freedom", and His desire is to dwell in us and give us an abundant, victorious life that will strengthen us. Is your life filled with the Holy Spirit?

### 1. WHO IS THE HOLY SPIRIT? John 14:26

- a. Many people think that the Holy Spirit is a dove, because he descended as a dove, not really, the Holy Spirit is a person of the divinity with whom we can relate.
- b. He is the comforter that the Father sent to guide us: He speaks, listens, teaches, longs for us, guides us, reminds us of the Word of God, sanctifies us and intercedes for us. The Holy Spirit is a gift to all believers in Jesus Christ without any exceptions, we just need faith in Jesus Christ (John 7:37-39).
- c. It is He who lets us know if we are doing something wrong. He is the One who rebukes our spirit when we are in sin and the One who brings us closer to Christ.
- d. He is the One who is with us on earth to guide us, strengthen us, help us approach God on a daily basis and to help us in our weaknesses. **Romans 8:26**

### 2. BENEFITS OF LIVING FILLED WITH THE HOLY SPIRIT Acts 1:8

#### a. It gives us power to withstand temptation and sin.

- The Bible says that Jesus was "filled with the Holy Spirit" and after this He was tempted (Matthew 3:16- 4:11). Jesus overcame temptation because he was filled with the Holy Spirit.
- In order to overcome temptation, we must be filled with the Holy Spirit. For our struggle is not carnal, but spiritual. No one can deal with the devil in their own strength.

#### b. We become the temple of the Spirit of God and evil spirits cannot return (1 Corinthians 6:19).

- The Bible says that when we are delivered our house in other words our soul and body are clean (**Matthew 12: 43-45**). The only problem is that once we are set free, our body is left unoccupied and

if we do not occupy it, then the evil spirits we were delivered from will return and cause worse damage.

- We must seek to be filled with the Spirit of God so that our home remains clean and occupied by His presence and power. Our soul and body must be the temple where the Spirit of God dwells.
- c. **We produce good fruit (Galatians 5:22-23).** A person who is filled with the Spirit is a person who bears fruit.
- **LOVE:** His presence fills us with love to give, to forgive, to accept people as they are and to see them with mercy.
  - **JOY:** It removes sadness, depression, bitterness, giving us permanent happiness that does not depend on any circumstances, but on faith and communion with God.
  - **PEACE:** Peace will not allow the fears of this world to contaminate our hearts, whether we are having problems in our finances, family, job or health.
  - **PATIENCE:** It helps us resist trials and temptations. It keeps us constant and firm, helping us persevere and tolerant no matter what comes our way.
  - **FAITH:** It helps us believe that there is nothing impossible for God, to see the miracles that we hope for and to share with others what God has done in our lives.
  - **HUMILITY:** This teaches us to live in tranquility, serenity and benevolence towards others.
3. **HOW TO BE FILLED WITH THE HOLY SPIRIT?** Every believer must seek to be filled with the Holy Spirit, but in order to receive this fullness just as Ephesians 5:18 says, we must first...
- a. **Accept:** To have accepted Jesus as Lord and Savior in our hearts and to truly repent.
  - b. **Believe and Desire:** You must believe that He is for you and that you can be filled. (Acts 2:39). You must also desire with all your heart the manifestation of being filled, which is speaking in tongues (John 7:37-38).
  - c. **Ask:** We must ask for it (Luke 11:13). Say, "Father, I ask you in the name of Jesus to give me the fullness of your Holy Spirit with the evidence of speaking in other tongues, Amen."
  - d. **Receive it by Faith:** Just as you received salvation by faith, so you will receive the fullness of the Holy Spirit (Acts 2: 4).

**Conclusion:** *Today is the day to be filled with Holy Spirit. He wants to bless you and give you a full and victorious life. Open your heart and let Jesus Christ come into your life to give you freedom.*

**Practical Application:** Pray asking the Holy Spirit to fill each of the people that are present, minister the anointing of the Spirit and ask for His baptism with the evidence of speaking in other tongues.

**SALVATION  
PRAYER**

*Lord Jesus, I recognize That I have sinned and that you died for me. Today I repent and ask for forgiveness. I give you my life and heart so you can be my Lord and personal Savior, amen.*